#### Advancing HIV Prevention: New Strategies for a Changing Epidemic



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### **Advancing HIV Prevention (AHP)**

- What is the new initiative?
- Why a new initiative?
- What are the strategies?
- How does it impact/change our work in HIV prevention?





#### What is AHP?

- Advancing HIV Prevention is aimed at:
  - Reducing barriers to early diagnosis of HIV infection
  - Increasing access to quality medical care, treatment
  - Providing ongoing prevention services for persons living with HIV
- Goal is to reduce HIV transmission





### Why AHP Now?

- Stable morbidity and mortality
- Concerns about possible increases in HIV incidence
- Lack of knowledge of serostatus
- Effect of knowledge of serostatus on behavior
- Availability of a simple, rapid HIV test





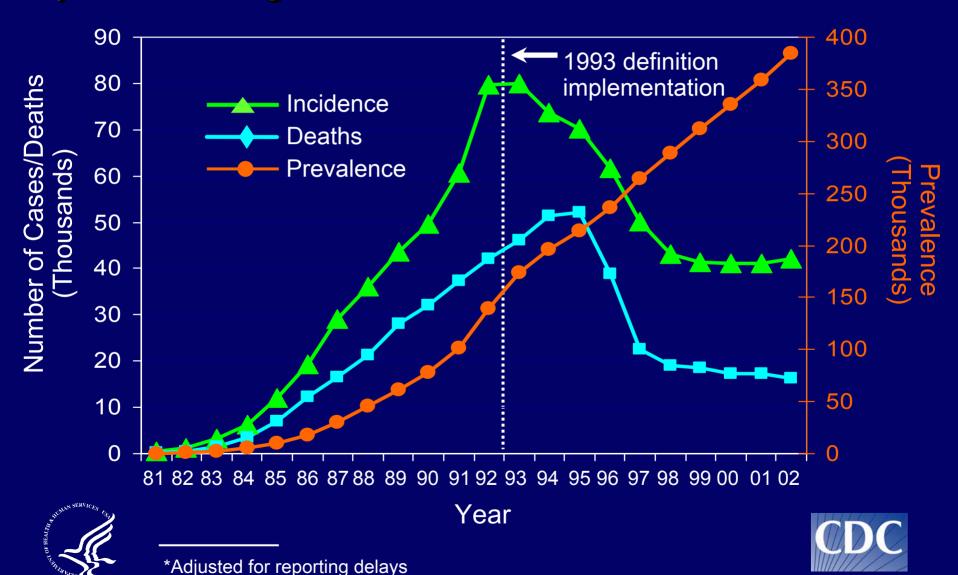
#### AIDS Cases and Deaths Reported 1981 – 2002, United States

	Cases	Deaths
Adults/Adolescents	849,780	482,330
Children (<13 years)	9,220	5,342
Total	859,000	487,672

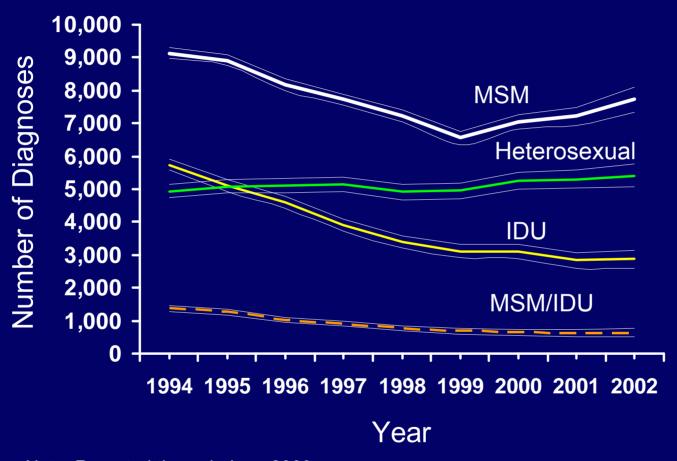




### Estimated Incidence of AIDS, Deaths, and Prevalence, by Year of Diagnosis/Death, United States, 1981–2002\*



### Estimated Number of HIV Diagnoses\*, by Mode of Exposure and Year of Diagnosis - 25 States, 1994 – 2002\*



Note: Reported through June 2003



- \* Includes all new HIV diagnoses with and without AIDS. Adjusted for reporting delays and redistribution of exposure for cases reported without information on mode of exposure.
- + Alabama, Arkansas, Arizona, Colorado, Idaho, Indiana, Louisiana, Michigan, Minnesota, Mississippi, Missouri, New Jersey, Nevada, North Carolina, North Dakota, Ohio, Oklahoma, South Carolina, South Dakota, Tennessee, Utah, Virginia, West Virginia, Wisconsin, and Wyoming.

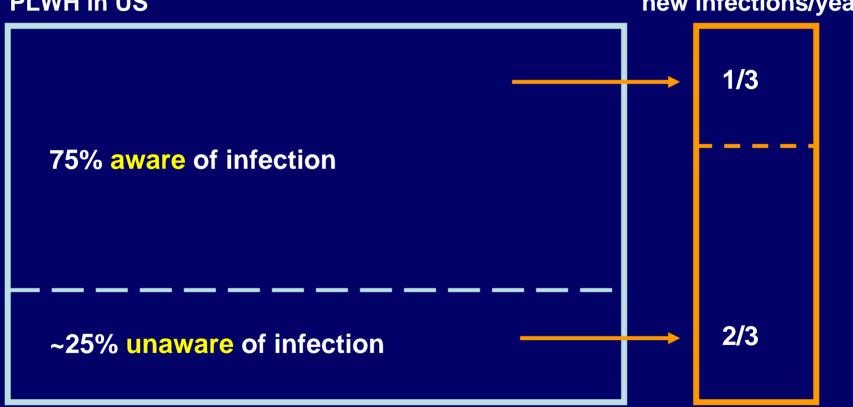


#### **Awareness of Serostatus among Persons** with HIV & Estimates of Transmission

Estimated: 850,000-950,000

**PLWH in US** 

**Estimated: 40,000** new infections/year







### Late Testing Surveillance Data 1994-1999

104,780 persons diagnosed with HIV

 43,089 (41%) developed AIDS within a year after HIV positive test





# CDC Funded HIV Testing 2000

Number of tests

approx. 2,000,000

New HIV diagnoses

18,000

% who didn't return for results

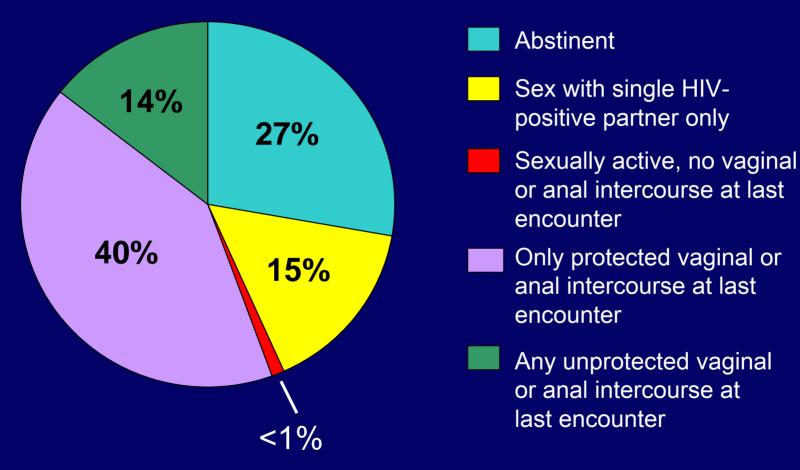
31%

CDC (unpublished)





### Sexual Behaviors of 1,606 HIV-Infected Persons\* Interviewed in SHAS, 2002

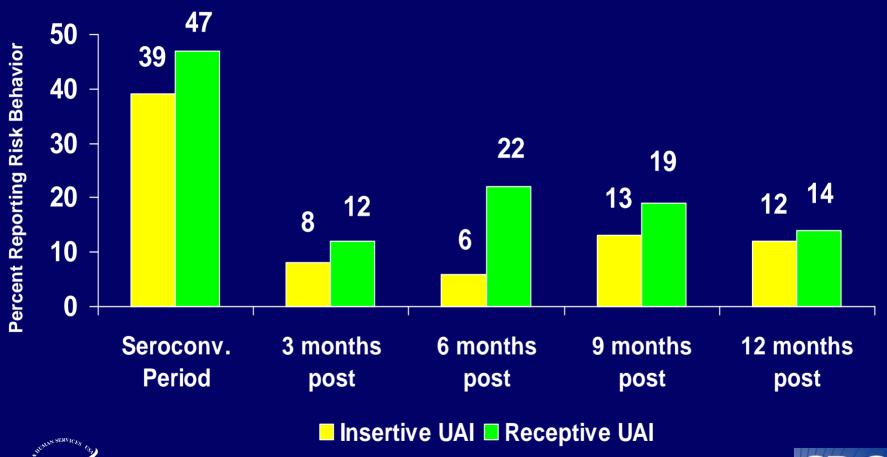




<sup>\*</sup> Sexual behavior in the last 12 months among persons who knew their serostatus for 12 months or more.

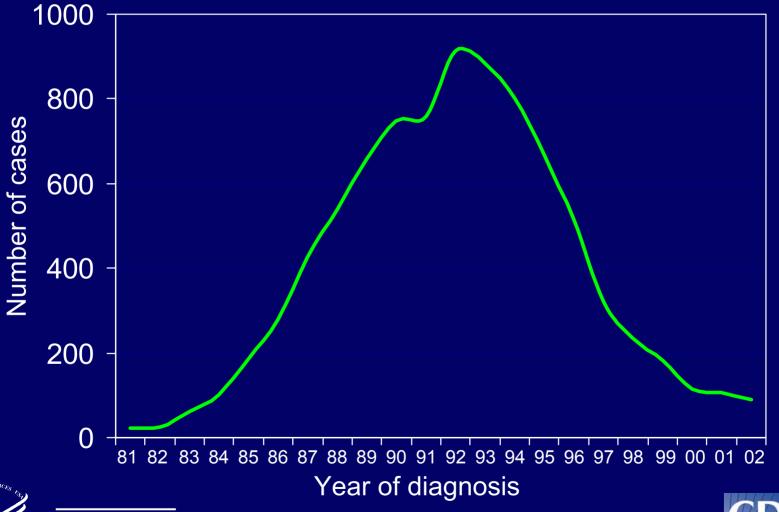


### Proportion Reporting Anal Sex Behavior at Seroconversion & Post-Seroconversion Visits





#### Perinatally Acquired AIDS Cases by Year of Diagnosis, 1981 – 2002, United States





Note: Data adjusted for reporting delays and for estimated proportional redistribution of cases reported without a risk.

#### **CDC's HIV Prevention Strategy**

HIV Counseling, Testing, and Referral

CDC's
HIV Prevention
Activities

Prevention with Persons
Living with HIV

Prevention with Persons at High Risk for HIV





#### CDC's Overall Approach to HIV Prevention

- CDC will continue to:
  - Support efforts to keep negative people healthy
  - Fund community-based organizations (CBOs)
     especially those serving minorities
  - Rely on behavioral prevention approaches
  - Support community planning
  - Support voluntary testing
- AHP is an important component of this overall strategy

#### **AHP Strategies**

- Four priority strategies:
  - Make voluntary HIV testing a routine part of medical care
  - Implement new models for diagnosing HIV infections outside medical settings
  - Prevent new infections by working with persons diagnosed with HIV and their partners
  - 4. Further decrease perinatal HIV transmission





### Strategy 1: Make Voluntary Testing a Routine Part of Medical Care

- Work with partners to include HIV testing, when indicated, as a part of routine medical care
- Expand routine offering of testing
- Promote adoption of simplified voluntary testing procedures that do not require prevention counseling prior to testing
- Fund demonstration projects offering routine HIV testing to all patients in high HIV prevalence health care settings





### Strategy 2: Implement New Models for Diagnosing HIV Infections

- Fund CBOs to pilot new models of CTR in non-clinical settings
- Increase emphasis on recruiting partners of persons with HIV for testing through PCRS
- Fund demonstration projects
  - Rapid HIV testing to improve outcomes of PCRS
  - Rapid HIV testing in short-stay correctional facilities
  - Rapid HIV testing in non-clinical settings
  - Using social networks to reach persons of color at high risk for HIV infection

### Strategy 3: Prevent New Infections by Working with Persons Diagnosed with HIV

- Published Recommendations for Incorporating HIV Prevention into the Medical Care of Persons with HIV Infection (CDC, HRSA, NIH, and IDSA)
- Provide risk reduction counseling through PCRS to persons living with HIV
- Provide individual and group-level prevention interventions for PLWH
- Fund demonstration projects
  - PCM for persons living with HIV and their partners
    - Implementation of "Prevention in Care" guidelines for HIV prevention in HIV outpatient clinics

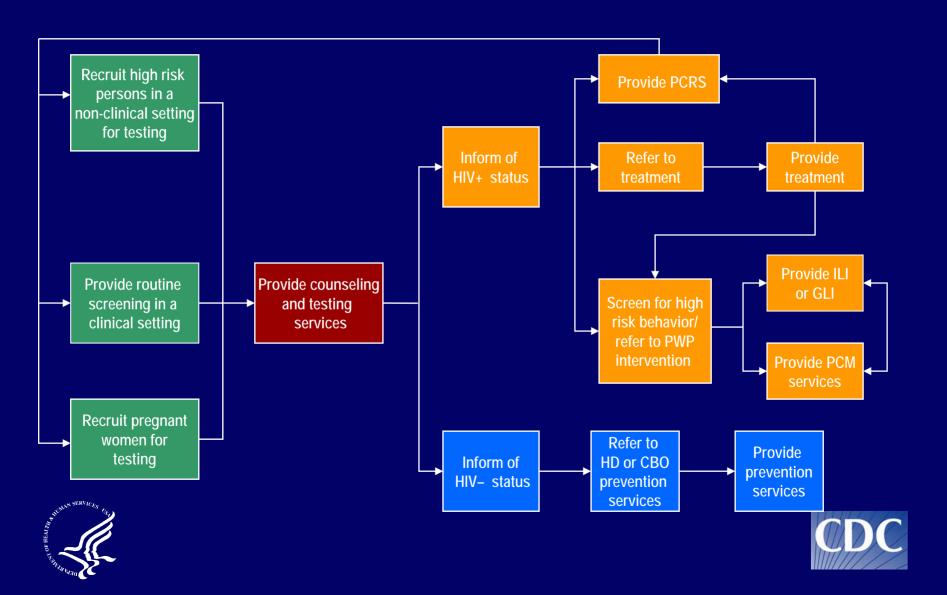
### Strategy 4: Further Decrease Perinatal HIV Transmission

- Work with partners to promote routine, voluntary prenatal testing, with right of refusal
- Develop guidance for using rapid tests during labor and delivery or postpartum
- Develop guidance for routine screening of infants whose mother was not screened
- Monitor integration of routine prenatal testing into medical practice





#### Algorithm of Services Provided Under AHP



#### Monitoring/Tracking of AHP

- Incorporate evaluation in each demonstration project and initiative activity
- National behavioral surveillance and HIV incidence surveillance systems
- New performance indicators for state and local health departments and community-based organizations





# How does the AHP Initiative impact community planning?

- AHP will impact the HIV Prevention Community Planning Priority Setting Process
  - CPGs now required to prioritize HIVinfected persons as the highest priority population for prevention services





#### CDC and HRSA

- Collaborative plan to outline how CDC and HRSA will work together to implement AHP
- Co-sponsored HIV Stigma Consultation Nov 17, 2003
- Work with AETCs to develop and implement rapid testing training for health care providers.
- Interagency agreement with the Bureau of Primary Health Care to assess current practices on routine HIV screening and prevention for PLWH





- CDC and CMS (Center for Medicaid and Medicare Services)
  - Conference call with the CMS Regional HIV/AIDS Coordinators to explore implementation of AHP
  - Review of the legal and financial basis of Medicaid reimbursement of HIV prevention services including HIV screening in EDs
  - Procedures manual for states or clinical sites interested in billing Medicaid for HIV testing and prevention with PLWH





- CDC, HRSA, SAMHSA and CMS
  - Intra-Agency Working Group to share information about case management activities
    - Discuss program requirements
    - Develop strategies to strengthen collaboration at the service level
    - First meeting held Nov 3, 2003
  - Policy review to examine the provision of prevention services to people with HIV under Medicaid reimbursement systems
    - George Washington University
    - Integration of prevention into care and the formation of prevention and care networks



CDC and SAMHSA

- Initial meeting November 24, 2003 to discuss how substance abuse and mental health programs can collaborate to implement AHP
- Ongoing discussions





- CDC and AHRQ
  - Collaborating on the "Review of the Evidence for Routine HIV Screening in Asymptomatic Adults and Pregnant Women"
  - Objective is to review evidence for consideration in the 3<sup>rd</sup> Edition of the US Prevention Task Force's recommendations





# Advancing HIV Prevention Consultations

- 4 CBO consultations across U.S. in April-June 2003
- Consultation with PLWH in August 2003
- Consultation with people of color in October 2003
- Consultation on stigma cosponsored with HRSA in November 2003
- Meetings with minority Congressional caucuses, PACHA, CDC/HRSA AIDS Advisory Committee, FAPP and constituents



### Advancing HIV Prevention: Highlights of Recent Milestones

- Publication of Incorporating HIV Prevention into the Medical Care of Persons Living with HIV (MMWR, July 18, 2003)
- Meeting of medical & nursing associations (July 2003)
- HDs required to make PLWHAs highest priority for prevention services (not the only priority)
- Demonstration project awards made and activities commencing





### AHP: Highlights of Recent Milestones (cont'd)

 Publication of Interim Technical Guidance for Grantees (July 2003)

 Revised CBO announcement: increased emphasis on early diagnosis, entry into care and prevention for positives

 Procurement of rapid tests and development of associated training





#### **Impact and Outcomes of AHP**

- Expand efforts to help PLWH to learn their HIV serostatus
- Expand CDC's efforts in focusing prevention programs for PLWH
- Focus CBO and HD prevention activities to ensure that every person living with HIV has:
  - The opportunity to get tested
  - Access to state of the art medical care, and
  - Access to ongoing prevention services to prevent transmission to partners
- Decrease new infections





#### Additional Information on AHP

www.cdc.gov/hiv/partners/ahp.htm

 CDC. Advancing HIV prevention: New strategies for a changing epidemic. MMWR 2003;52:329-332



